



AUSTRALIAN COLLEGE
OF SPORTS THERAPY

Myotherapy @ ACST

Information for Prospective Students

*21920VIC Advanced Diploma of Remedial Massage
(Myotherapy)*

Myotherapy

21920VIC *Advanced Diploma of Remedial Massage (Myotherapy)*

Why study the Advanced Diploma?

Myotherapy focuses on injury prevention, health and fitness promotion and maintenance as well as care during injury and rehabilitation. Myotherapy training shares the foundations of anatomy and physiology, biomechanics, exercise science, and manual therapies with other 'hands on' health professions.

Myotherapy practice includes a broad range of therapeutic modalities including myofascial techniques, soft tissue therapy, deep tissue massage, corrective exercises, myofascial dry needling, joint mobilisation and electro therapeutics.

Our Nationally Recognised, State Government Accredited Advanced Diploma of Remedial Massage (Myotherapy) gives you the skills to become a qualified, professional Myotherapist. This course is designed to equip graduates with the practical skills and relevant scientific knowledge required to deliver applied musculo-skeletal techniques for the treatment and rehabilitation of injuries including sport, work and motor vehicle. Myotherapists work in a variety of clinical situations including primary client contact and by referral from other health care providers.

Career Outcomes

On successful completion of the Advanced Diploma of Remedial Massage (Myotherapy) graduates can enjoy a varied and exciting career working as a Myotherapist in:

A Multi-Modality Clinic;

Self-Employed Private Practitioner, or;

Myotherapists may also find work with sporting teams managing their soft tissue injuries and rehabilitation.

Pre-requisites

The
Diploma of Remedial Massage
is pre-requisite to the
Advanced Diploma of Remedial
Massage (Myotherapy)

Study Options

Full-time on Campus
Part-time on Campus

Government Funded
&
**VET FEE-HELP
APPROVED**





21920VIC *Advanced Diploma of Remedial Massage (Myotherapy)*

<i>Unit Code</i>	<i>Unit Title</i>	<i>Unit Type</i>
BSBINM601A	Manage knowledge and information	CORE
CHCADMIN604A	Manage the finances, accounts and resources of an organisation	CORE
CHCCOM403A	Use targeted communication skills to build relationships	CORE
HLTHIR505B	Provide leadership in promoting effective work practices in health	CORE
HLTIN403B	Implement and monitor infection control policy and procedure	CORE
HLTNUT601B	Apply literature research findings to clinical practice	CORE
VPAU430	Work within a myotherapy framework	CORE
VPAU431	Apply myotherapy clinical assessment framework	CORE
VPAU432	Perform myotherapy clinical assessment	CORE
VPAU433	Plan myotherapy treatment strategy	CORE
VPAU434	Provide myotherapy treatment	CORE



Study Pathways

Courses Available

Sports Therapy

*Myotherapy/
Remedial Massage*

Fitness

Please Note:

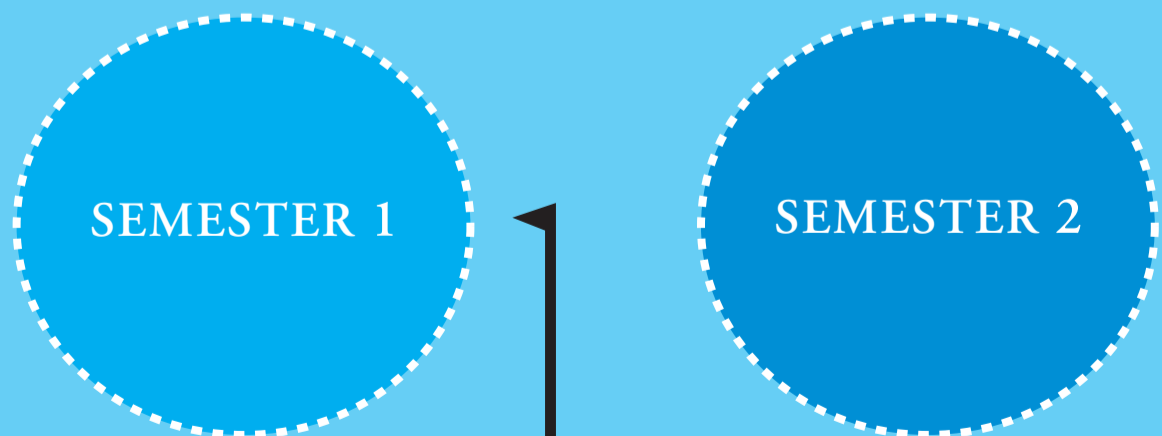
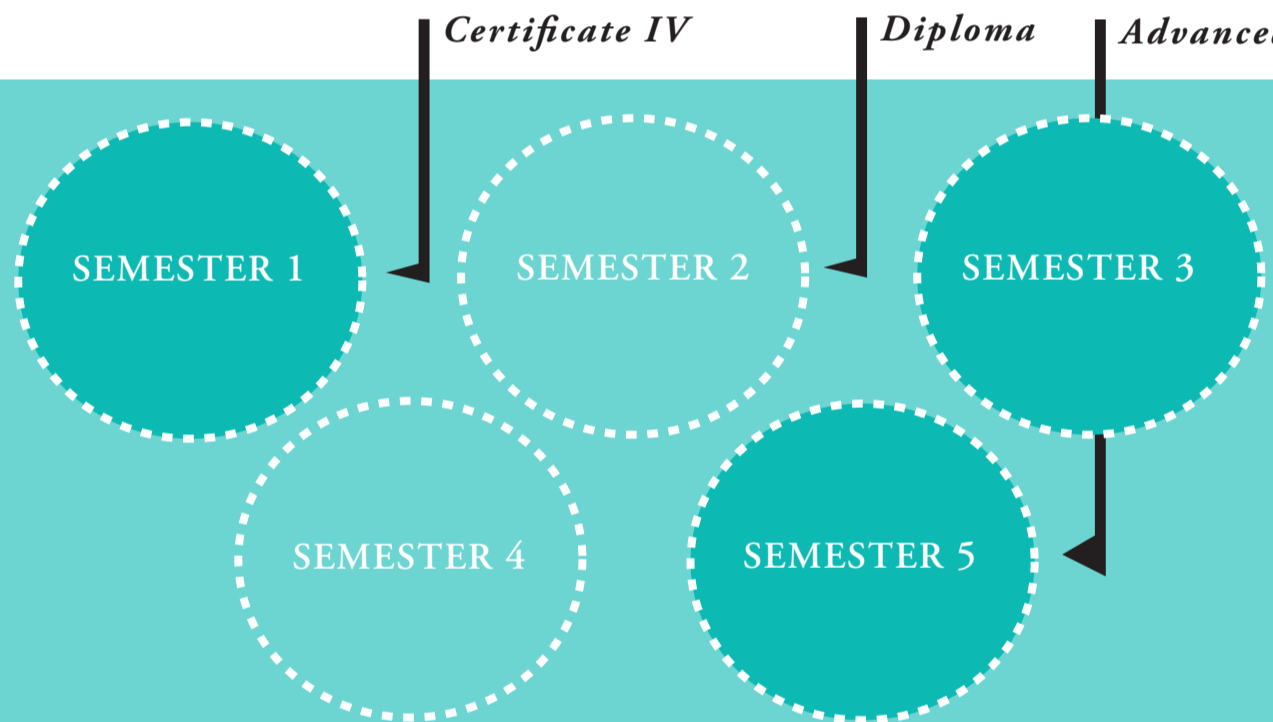
The **Vocational Graduate Certificate in Sports Therapy** is delivered over a maximum of 2 years, subject to RPL and prior education. Those with pre-existing qualifications in health sciences or related fields may apply.

The **Advanced Diploma of Sports Therapy** is delivered over 2.5 years.



22030VIC Advanced Diploma of Sports Therapy

ARTICULATION
ACU University
Charles Sturt University



*Certificate III
and Certificate IV*

Diploma

Distancel Flexible learning, Graduate Career Opportunities & Articulation

What is Flexible Learning?

The Australian College of Sports Therapy has developed flexible course delivery options in accordance with the Australian Flexible Learning Framework.

Flexible Learning is a set of educational philosophies and systems, concerned with providing students with increased choice, convenience, and personalisation to suit the student. In particular, flexible learning provides learners with choices about where, when, and how learning occurs.

ACST is also working on delivering distance education to our future students so as student who work full time, are living in remote areas or just simply would prefer to study from home, have access to our courses.

The ACST is developing more and more flexible learning styles which future students will be able to take advantage of.

Australian Flexible Learning Framework
supporting e-learning opportunities

Graduate Career Opportunities

We have enquiries and advertisements for job placements coming through the College from external organisations, and some of our students take up these job offers before they even graduate.

Several of the subjects incorporated in our courses develop skills within our students which help in job interviews, in self-promotion and marketing, in communication and interpersonal skills. Our graduates are extremely well equipped to enter the health, sports medicine and fitness industries with confidence.

Study pathways and Articulation

If you are interested in articulation between ACST and other institutions:

Australian Catholic University Articulation

Students who complete the Advanced Diploma of Sports Therapy are granted 80 credit points towards the Bachelor of Exercise Science. Sports Therapy graduates accepted into the bachelor will be granted advanced standing into the Bachelor of Exercise Science program where they will be required to complete a further 90 credit points of study for the award of the Bachelor degree.

Students who complete the Advanced Diploma of Remedial Massage (Myotherapy) and Diploma of Remedial Massage are eligible to receive 30 credit points which are 'specified' by ACU towards the Bachelor of Exercise Science.

Charles Sturt University Articulation

Students who have completed the Advanced Diploma of Sports therapy are guaranteed 128 points towards the 192 credit points required to complete the Bachelor of Health Science (Complementary Medicine).

Students who have completed the Advanced Diploma of Remedial Massage (Myotherapy) are guaranteed to receive 128 points towards the 192 credit points required to complete the Bachelor of Health Science (Complementary Medicine).

Please contact the College if you are interested in or would like more information about articulation at ACST.