



AUSTRALIAN COLLEGE
OF SPORTS THERAPY

Remedial Massage @ ACST

Information for Prospective Students

HLT50307 Diploma of Remedial Massage

HLT40307 Certificate IV in Massage Therapy Practice

Remedial Massage

HLT50307 Diploma of Remedial Massage

HLT40307 Certificate IV in Massage Therapy Practice

Why study Remedial Massage?

Remedial Massage are soft tissue therapies that use a “hands on” approach to treatment. This includes a variety of massage techniques, stretching and associated methods.

Sports and remedial massage assists with treating muscular tension and fatigue - soothing muscular aches and pains by encouraging the body to relax. Sports and remedial massage can improve circulation, by stretching muscles and associated connective tissue as well as providing a positive therapeutic touch, speeding up recovery and enhancing performance.

The Certificate IV in Massage Therapy Practice is the entry point into a career in therapeutic or relaxation massage. Graduates are qualified to apply for membership with professional associations at a Massage Therapist level and obtain practice insurance.

The (HLT40307) Certificate IV in Massage Therapy Practice is pre-requisite to the Diploma of Remedial Massage.

The Diploma of Remedial Massage (HLT50307) provides graduates with the advanced skills and knowledge required to establish and manage a private practice in sports remedial massage and adjunctive techniques. The Diploma course also provides knowledge and skills in the assessment and treatment of musculo- skeletal conditions. The focus of treatment is the rehabilitation of pain, restoration of mobility and treatment of injury to the muscles and joints. Graduates of the Diploma of Remedial Massage may articulate directly into the Advanced Diploma of Remedial Massage (Myotherapy).

Career Outcomes

Graduates of these courses enjoy a rewarding career in Remedial Massage and may chose to work in a variety of settings to suit their lifestyle:

Be part of a multi-modality clinic;

Remedial Therapists may assist with athletes in the provision of massage services to aid in recovery and management of soft tissue injuries;

Corporate Masseus/ Mobile on-site services;

Self-employed in Private Practice;

Health Retreat;

Clinic, or;

Day Spa.

Pre-requisites

The
Certificate IV in Massage Therapy Practice
is a pre-requisite to the
Diploma of Remedial Massage.

Study Options

Full-time on Campus
Part-time on Campus

Government Funded
&
**VET FEE-HELP
APPROVED**

V E T
FEE-HELP

HLT50307 *Diploma of Remedial Massage*

<i>Unit Code</i>	<i>Unit Title</i>
CHCORG428A	Reflect on and improve own professional practice
HLTAP501A	Analyse health information
HLTCOM502B	Develop professional expertise
HLTCOM503B	Manage a practice
HLTHIR501A	Maintain an effective health work environment
HLTHIR506B	Implement and monitor compliance with legal and ethical requirements
HLTREM502B	Provide remedial massage treatment
HLTREM503B	Plan remedial massage treatment strategy
HLTREM504B	Apply remedial massage assessment framework
HLTREM505B	Perform remedial massage health assessment
HLTREM510A	Provide specialised remedial massage treatments
HLTREM512A	Provide remedial massage treatments within a corporate setting
HLTREM513A	Provide remedial massage treatments to athletes
HLTCOM510A	Provide services to clients with chronic diseases or conditions

Diploma Pre-requisites

HLTREM502B	Provide remedial massage treatment
HLTREM503B	Plan remedial massage treatment strategy
HLTREM504B	Apply remedial massage assessment framework
HLTREM505B	Perform remedial massage health assessment
HLTAP501A	Maintain an effective health work environment
HLTREM502B	Provide remedial massage treatment
HLTREM503B	Plan remedial massage treatment strategy
HLTREM504B	Apply remedial massage assessment framework
HLTREM505B	Perform remedial massage health assessment
HLTREM510B	Provide services to clients with chronic diseases or conditions



HLT40307 *Certificate IV in Massage Therapy Practice*

<i>Unit Code</i>	<i>Unit Title</i>	<i>Unit Type</i>
BSBWOR203A	Work effectively with others	CORE
HLTCOM404B	Communicate effectively with clients	CORE
HLTCOM405B	Administer a practice	CORE
HLTCOM406B	Make referrals to other health care professionals when appropriate	CORE
HLTCOM408B	Use specific health terminology to communicate effectively	CORE
HLTFA301B	Apply first aid	CORE
HLTHIR301A	Communicate and work effectively in health	CORE
HLTOHS300A	Contribute to OHS processes	CORE
HLTIN301B	Comply with infection control policies and procedures in health work	CORE
HLTAP401A	Confirm physical health status	CORE
HLTREM401B	Work within a massage framework	SPECIALISATION
HLTREM409B	Perform massage health assessment	SPECIALISATION
HLTREM408B	Apply massage assessment framework	SPECIALISATION
HLTREM407B	Plan massage treatment	SPECIALISATION
HLTREM406B	Provide massage treatment	SPECIALISATION

Certificate IV Pre-requisites

HLTCOM404B	Communicate effectively with clients
HLTCOM404B	Communicate effectively with clients
HLTIN301B	Comply with infection control policies and procedures in health work
HLTCOM404B	Communicate effectively with clients
HLTREM401B	Work within a therapy framework
HLTCOM404B	Communicate effectively with clients
HLTCOM404B	Communicate effectively with clients
HLTOHS300A	Contribute to OHS processes
HLTIN301B	Comply with infection control policies and procedures in health work
HLTFA301B	Apply first aid



Study Pathways

Courses Available

Sports Therapy

*Myotherapy/
Remedial Massage*

Fitness

Please Note:

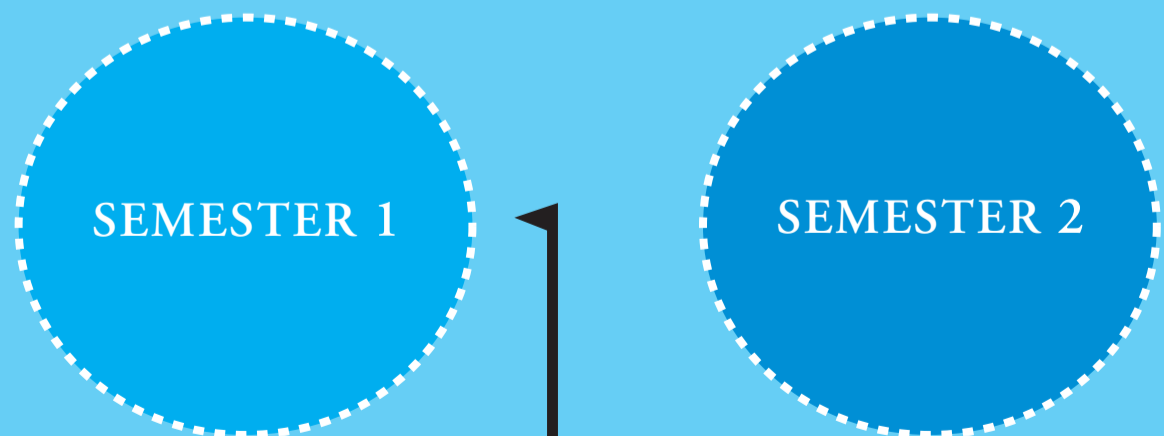
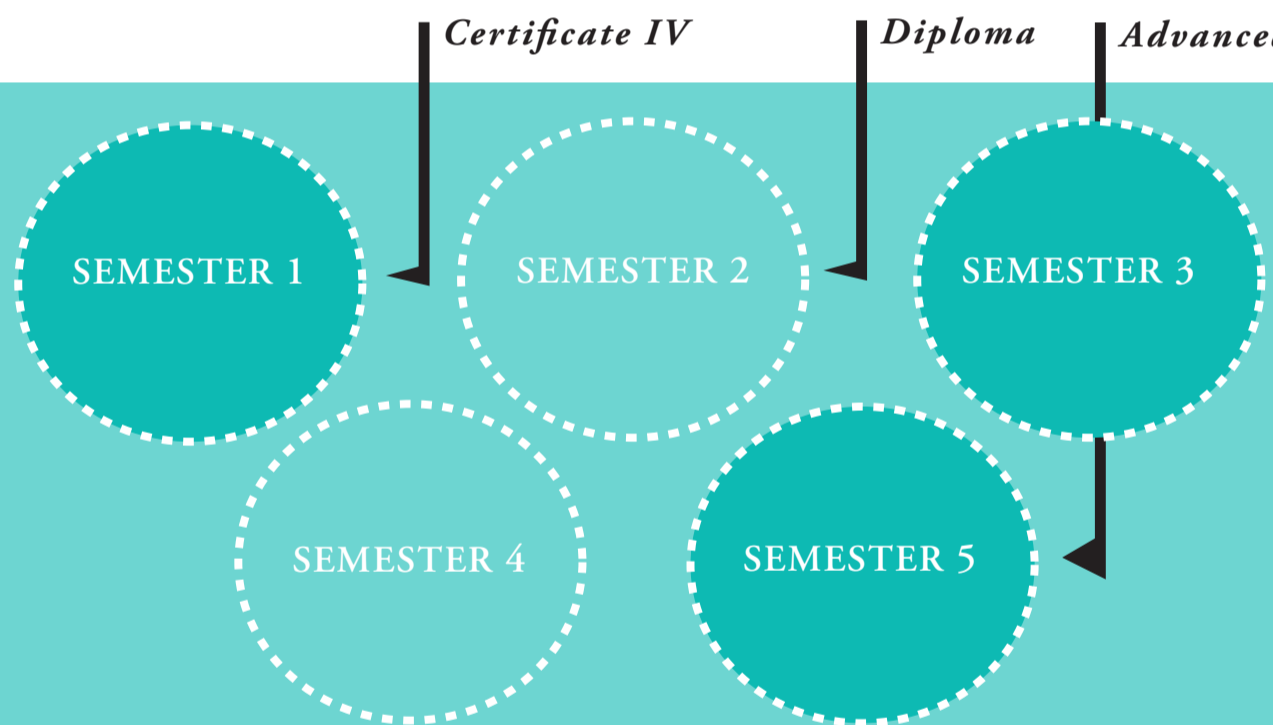
The **Vocational Graduate Certificate in Sports Therapy** is delivered over a maximum of 2 years, subject to RPL and prior education. Those with pre-existing qualifications in health sciences or related fields may apply.

The **Advanced Diploma of Sports Therapy** is delivered over 2.5 years.



22030VIC Advanced Diploma of Sports Therapy

ARTICULATION
ACU University
Charles Sturt University



*Certificate III
and Certificate IV*

Diploma

Distance Flexible learning, Graduate Career Opportunities & Articulation

What is Flexible Learning?

The Australian College of Sports Therapy has developed flexible course delivery options in accordance with the Australian Flexible Learning Framework.

Flexible Learning is a set of educational philosophies and systems, concerned with providing students with increased choice, convenience, and personalisation to suit the student. In particular, flexible learning provides learners with choices about where, when, and how learning occurs.

ACST is also working on delivering distance education to our future students so as student who work full time, are living in remote areas or just simply would prefer to study from home, have access to our courses.

The ACST is developing more and more flexible learning styles which future students will be able to take advantage of.

Australian Flexible Learning Framework
supporting e-learning opportunities

Graduate Career Opportunities

We have enquiries and advertisements for job placements coming through the College from external organisations, and some of our students take up these job offers before they even graduate.

Several of the subjects incorporated in our courses develop skills within our students which help in job interviews, in self-promotion and marketing, in communication and interpersonal skills. Our graduates are extremely well equipped to enter the health, sports medicine and fitness industries with confidence.

Study pathways and Articulation

If you are interested in articulation between ACST and other institutions:

Australian Catholic University Articulation

Students who complete the Advanced Diploma of Sports Therapy are granted 80 credit points towards the Bachelor of Exercise Science. Sports Therapy graduates accepted into the bachelor will be granted advanced standing into the Bachelor of Exercise Science program where they will be required to complete a further 90 credit points of study for the award of the Bachelor degree.

Students who complete the Advanced Diploma of Remedial Massage (Myotherapy) and Diploma of Remedial Massage are eligible to receive 30 credit points which are 'specified' by ACU towards the Bachelor of Exercise Science.

Charles Sturt University Articulation

Students who have completed the Advanced Diploma of Sports therapy are guaranteed 128 points towards the 192 credit points required to complete the Bachelor of Health Science (Complementary Medicine).

Students who have completed the Advanced Diploma of Remedial Massage (Myotherapy) are guaranteed to receive 128 points towards the 192 credit points required to complete the Bachelor of Health Science (Complementary Medicine).

Please contact the College if you are interested in or would like more information about articulation at ACST.